

How can you help support Sophie's Appeal to keep Rainbow Retreat operational?

You can help support us by attending one of our fundraising events or for the more adventurous you could climb Mount Everest. The possibilities are endless.

Without YOU the magic that is Sophie's Appeal cannot happen.

Here are some more ways you can support us

- Follow & Share our posts on Social Media
- Pop your spare change in to one of our Collection Boxes
- Scan QR code & donate via Just Giving Page
- Request a Fundraising Pack and hold an 'in aid of' event
- Sign up for the Giving Lottery
- Sign up for an organised sponsored event like a skydive or a marathon
- Vote for us at Token Drop Schemes



Sophie's Appeal would be delighted to offer support should you decide to fundraise on our behalf.

Please do get in touch by emailing:

info@sophiesappeal.org

To find out more please visit our website:

www.sophiesappeal.org

or our social media pages:

<https://www.facebook.com/sophiesappeal>

<https://www.instagram.com/sophiesappeal>

 Tel: 023 8032 0618 

Aims of Sophie's Appeal

Support

One of the founding aims of Sophie's Appeal is to support the social, emotional and educational welfare of children, their families, nursing and support staff and provide a caring and supporting environment in both local hospitals and in the community.

Treatment

To provide additional resources to meet the specific needs of cancer care and childhood diseases. The trust aims to work with two Hampshire hospitals and monies raised can meet their treatment requests.

Research

Without research...Without hope! This is why it is vital to support research and development into treatments and cures for childhood diseases.

Our Promise To You

We invest our time voluntarily so that every penny you donate can be invested wisely into the commitments Sophie's Appeal have pledged to support. **Thank you for your generosity.**



Sophie's Rainbow Retreat



Supporting
Other
People
Helping
Individuals
Escape
Sadness



www.sophiesappeal.org

rainbowretreat@sophiesappeal.org

Registered Charity No: 1111154

★ About Sophie's Appeal ★

Sophie's Appeal was started in 2003 by Lin and Mike Barringer with some close friends, following the diagnosis of their daughter Sophie with Wilm's disease.

This kidney cancer claimed the life of Sophie in December 2004 at the age of six.

Sophie's Appeal became a registered charity in 2005 and continues to make a difference to families living in the Wessex region.

Sophie's Rainbow Retreat

It had always been a dream of the charity that one day a home from home could be made available, free of charge, to families who have a child living with a life limiting illness or have suffered a recent bereavement. That dream became a reality when Sophie's Rainbow Retreat was opened on the 3rd of March 2019.



This respite facility is a 6 berth caravan based at Rockley Park Poole, not far from Poole hospital, should families need it whilst staying at the retreat.

Our luxurious static has a master double bedroom with a walk in wardrobe and en-suite shower.

The twin bedroom is spacious, practical and perfect for children with standard sized beds for added comfort. There is also a pull out double sofa bed in the lounge. All beds will be made up ready for guests.

More about Rainbow Retreat

Loyal supporters have kindly donated various items to help make a stay at Rainbow Retreat fun and memorable. The retreat has a well equipped kitchen, a limited edition PlayStation 4, a Wii console, puzzles, books and toys to cater for all ages. There is also a travel cot, high chair and bath seat to help take the stress out of having to remember to pack all these items, for a stay away. All guests need to bring is themselves, their towels for showering and swimming, their food and other essentials.

Rockley Park, Poole

Napier Road BH15 4LZ

This fun packed park, located on Poole Harbour is situated next to a beautiful nature reserve. The park itself has lots of activities on offer like indoor and outdoor swimming pools, Segway's, bungee trampolines, crazy golf, tennis courts and a climbing wall if you're feeling particularly energetic. There is also arts and crafts to participate in, to include pottery painting and sand art.



The staff at Rockley Park are always on hand to help with booking activities and onsite you will also find an amusement arcade.

However, when it comes to chill out time guests have the option of visiting the luxury spa or taking in the stunning scenery of Poole Harbour, Ham Common and the nature trails to explore.



Guests can look forward to a varied weekly programme and in the evenings the main clubhouse comes alive with shows and discos; where you can kick back watch the fun unfold and make some magical memories.

Whilst staying at Rainbow Retreat one privilege card will be issued and this card entitles the holder and their party access to Tides; which is an owners only lounge, pool and bar area. Adults can enjoy free tea and coffee and children can help themselves to squash and use the indoor and outdoor play zones.

Occasionally, Tides run craft sessions for children to enjoy.



Sophie's Appeal aim is to send children and their families on a well needed respite break, to make memories but most importantly have some time away from hospital life, whilst undergoing treatment for a life-limiting illness.

No child and their family should have to go through these troubling times and sadly some grow their angel wings far too soon.

Rebuilding a family after a recent bereavement is something Sophie's Appeal cares about and our wish for guests staying at Rainbow Retreat is that they have the opportunity to use the space to feel safe, to reflect and begin the healing process from all they are currently going through or have endured.

Anyone wishing to book a free respite holiday are required to complete a **RR Holiday Request Form** please do get in touch by emailing:
rainbowretreat@sophiesappeal.org